College of Pharmacy
AIMS Foundation, Vadavli, Dombivli (E), 421 204,
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Website : www.aimscollegeofpharmacy.com
(Recognized By : Pharmacy Council of India (PCI), New Delhi, Government of Maharashtra, Directorate of Technical Education, Mumbai
(Affiliated To : University of Mumbai, Maharashtra State Board of Technical Education (MSBTE))

Date: 30/10/2026

REPORT OF DRUG FREE MUMBAI AWARENESS PROGRAM

Sr. No.	Particulars	Remarks
1.	Class	D. Pharmacy & B. Pharmacy
2.	Subject	Extra- Curricular (Social Awareness Program)
3.	Topic	**Drug Free Mumbai Awareness Program**
4.	Speaker	**Ms. Swati Sahoo, Brahma Kumaris - Santacruz, Mumbai**
5.	Venue	9th Floor Classroom, AIMS Foundation G-Meet - Guest Lecture Ground Floor Lobby- Nukkad Natak
6.	Day and Date	29th October 2026, Thursday
7.	Time	11am -1:00 pm
8.	Teachers/Instructor	1. Mrs. Shubhangi Shete 2. Ms. Aditi Mhatre 3. Mr. Akshay Dev 4. Dr. Chaitrali Bidikar

AIMS COLLEGE OF PHARMACY DOMBIVLI

Principal

Dr. (Mrs.) Vanita G. Kanase

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REPORT OF DRUG FREE MUMBAI AWARENESS PROGRAM

INTRODUCTION

A **Drug-Free Mumbai Awareness Programme** was organized at **AIMS College of Pharmacy** on **29th October 2026** as part of the college's efforts to create awareness among students regarding the harmful effects of drug abuse and the importance of maintaining emotional and physical well-being. The programme was organized as an **Extra-Curricular Social Awareness Programme** for **D. Pharmacy and B. Pharmacy students**.
The programme aimed to sensitize students about the physical, psychological, emotional, social, and academic consequences of substance abuse and to encourage them to make responsible and healthy choices. The initiative also emphasized the role of young individuals in contributing towards a healthier and drug-free society.

EXPLANATION

The programme was conducted on **Thursday, 29th October 2026, from 11:00 a.m. to 1:00 p.m.** at AIMS Foundation. The programme consisted of an **online guest lecture and a street play (Nukkad Natak)** to communicate the message of drug-abuse prevention in an informative as well as engaging manner.

The guest lecture was delivered by **Ms. Swati Sahoo, Brahma Kumaris, Santacruz, Mumbai**, through Google Meet. The session focused on **"Emotional Wellbeing and Drug Abuse Management."** The speaker highlighted the importance of emotional balance, positive thinking, self-awareness, and healthy coping mechanisms in preventing substance dependence. Students were sensitized to the adverse consequences of drug abuse and encouraged to seek positive and constructive ways of dealing with stress and emotional challenges.

Google meet Link: https://meet.google.com/xkq-ucmz-rqi

After guest lecture student take online pledge in official drug free Mumbai website. https://www.drugfreemumbai.org/pledge

Following the guest lecture, a Nukkad Natak was performed by the D. Pharmacy students at the Ground Floor Lobby. Through an engaging and awareness-oriented performance, the students presented the harmful effects of drug abuse and its impact on individuals, families, and society. The street play & Handmade posters effectively conveyed the message of avoiding substance abuse and adopting a healthy and responsible lifestyle.

The programme provided students with an opportunity to understand drug abuse from both an emotional well-being and social-awareness perspective. The combination of an expert-led online session and a student-led street play helped make the programme interactive and impactful.

The programme was coordinated by the following faculty members:

1. Mrs. Shubhangi Shete
2. Ms. Aditi Mhatre
3. Mr. Akshay Dev
4. Dr. Chaitrali Bidikar

CONCLUSION

No. of Attendees: 125

No. of students Participating in Street play: 13

The **Drug-Free Mumbai Awareness Programme** successfully created awareness among D. Pharmacy and B. Pharmacy students regarding the harmful effects of drug abuse and the importance of emotional well-being. The guest lecture provided valuable insights into emotional health and drug-abuse management, while the Nukkad Natak effectively communicated the message of prevention through an innovative and student-centred approach.

The programme encouraged students to develop healthy coping strategies, make responsible decisions, and actively contribute towards creating a **drug-free and healthier society**. The initiative was well received by the students and served as a meaningful step towards promoting **awareness, prevention, and responsible citizenship** among the young generation.

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Highlights of the Event:





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